



Community Alliance

BROXBOURNE & EAST HERTS

Healthy hubs

Hertfordshire

Get information and advice to help you access local services and activities:

- Have a wellbeing check
- Give up smoking
- Join community activities
- Get active
- Reduce alcohol and drug use
- Look after your mental health
- Healthy eating
- Weight management
- Support carers
- Sexual health support

Broxbourne Healthy Hubs:



**Community Hub, Unit 59,
Pavilions Shopping
Centre, High Street, Waltham
Cross, EN8 7BW**

Tuesday: 9am to 4pm
Wednesday: 9am to 4pm
Thursday: 9am to 4pm



**Peabody Comfy Lounge, 34
Christian Close, Hoddesdon,
EN11 9FF**

Third Tuesday of every month:
10am to 3pm



0300 123 1034



healthyhub@communityalliancebeh.org.uk



www.healthyhubs.org.uk

East Herts Healthy Hubs:



**Navigation House, Riverside,
Bishop's Stortford, CM23 3AS**

Thursday: 10am to 2pm



**The Skills & Learning Centre, 67
Fore Street, Hertford, SG14 1AL**

Tuesday: 9am to 4pm
Friday: 9am to 4pm



**Sele Community Hub, 18 Fleming
Cres, Hertford SG14 2DJ**

Wednesday: 2.30pm to 4.30pm



0300 123 1034



eh-healthyhub@communityalliancebeh.org.uk



**BOROUGH OF
BROXBOURNE**

