



Delivering Special Provision Locally

Autumn 1 Newsletter for Parents/Carers

DSPL3 Website and Facebook page

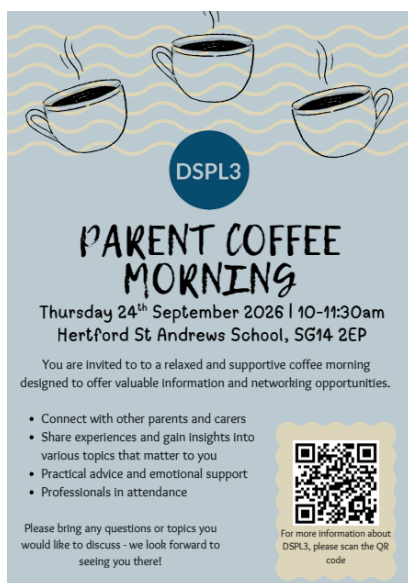
- ◆ The DSPL3 Website and Facebook page are now live.
- ◆ Please click here to view the [website](#)
- ◆ Please click here to view the [Facebook page](#)

Workshops, Courses and Training

Please click here to view [workshops, courses and training](#) available for this academic year.

DSPL3 SEND Coffee Mornings

- ◆ **24th September 2026 10-11:30am**—Hertford St Andrews School, SG14 2EP
- ◆ **24th November 2026 10-11:30am**—Mandeville School, Sawbridgeworth, CM21 0BL
- ◆ **19th January 2027 10-11:30am**—Watton-on-Stone School, SG14 3SG
- ◆ **11th March 2027 10-11:30am**—Christ Church School, Ware, SG12 7BT
- ◆ **27th April 2027 10-11:30am**—Hillmead School, Bishops Stortford, CM23 4PW
- ◆ **17th June 2027 10-11:30am**—Freman College, Buntingford, SG9 9BT



Families in Focus Training

- ◆ Families in Focus is offering a free online course for Hertfordshire parents of children aged 4-11 with Autism and/or ADHD, including those on assessment pathways.
- ◆ This supportive six-week course helps parents understand how Autism, ADHD and sensory differences can affect emotions and behaviour, explore what happens in a child's brain during anger, and learn practical, evidence-based strategies to support emotional regulation, reduce stress and de-escalate big emotions.
- ◆ The course also provides an opportunity to connect with other parents in a supportive environment.
- ◆ Sessions run on Wednesdays from 9 September to 14 October 2026, with a choice of either 9.30-11.30am or 6.30-8.30pm. To book a place, email bookings@familiesinfocus.co.uk.

Journeys Academy

- ◆ **Journeys Academy**, a brand new purpose-built specialist setting which will offer 60 places to primary-aged children with complex communication and autism needs, is due to open in **Autumn 2026**. The purpose-built setting will offer modern classrooms and specialist facilities, including sensory spaces, calm rooms and outdoor learning areas, all designed to support independence, wellbeing and engagement in learning.
- ◆ Places will be allocated through the Hertfordshire County Council SEND panel process for children who meet the admissions criteria.

DSPL3

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(DSPL)

Bishop's Stortford, Sawbridgeworth,
Buntingford, Watton-at-Stone,
Hertford, and Ware

DSPL 3 Area Manager: Katie Algate
dspl3manager@amwell.herts.sch.uk

DSPL3 SEND Lead: Lisa Lee
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DSPL3 Admin
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Lead School:
[Amwell View School](#)
& [Specialist Sports College](#)

Website:
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Facebook: [DSPL3](#)

Useful Links:

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[SENDIASS Hertfordshire](#)

[IPSEA \(Independent Provider
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[SOS SEN](#)

[Herts Parent Carer Involvement](#)

[EHCP Support](#)

[Children and Young People's Speech
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Beezee Health and Wellbeing Programme

- ◆ Beezee is offering a free 8-week health and wellbeing programme.
- ◆ Online group sessions start on Wednesday 30th September at 6pm.
- ◆ Please scan the QR code for more information.



Get information and advice to help you access local services and activities:

- Have a wellbeing check
- Give up smoking
- Join community activities
- Get active
- Reduce alcohol and drug use
- Look after your mental health
- Healthy eating
- Weight management
- Support carers
- Sexual health support

Broxbourne Healthy Hubs:

Community Hub, Unit 55,
Pavilion Shopping
Centre, High Street, Watlington
Cross, EN1 7BW
Tuesday: 9am to 4pm
Wednesday: 9am to 4pm
Thursday: 9am to 4pm

Peabody Family Lounge, 34
Christie Close, Hoddeston,
EN11 8PT
Third Tuesday of every month:
10am to 3pm

0300 123 1034
healthhub@communityalliancebch.org.uk
www.healthyhubs.org.uk

East Herts Healthy Hubs:

Navigation House, Riverside,
Bishop's Stortford, CM23 3AS
Thursday: 10am to 3pm

The Skills & Learning Centre, 47
Fore Street, Hertford, SG14 1AL
Tuesday: 9am to 4pm
Friday: 9am to 4pm

Sale Community Hub, 16 Fleming
Cres, Hertford SG14 2BJ
Wednesday: 2.30pm to 4.30pm

0300 123 1034
eh-healthyhubs@communityalliancebch.org.uk

Healthy Hubs

- ◆ Healthy Hubs have been set up across Broxbourne and East Herts.
- ◆ You can get information and advice to help you access local services and activities.
- ◆ Please [click here](#) to find your nearest hub.

Step 2 Skills Courses

- ◆ Step 2 Skills are offering a Level 2 fully funded Early Years course
- ◆ For more information, please [click here](#)

Funded by UK Government

STEP 2 SKILLS
PREPARE FOR SUCCESS IN HERTS

SKILLS FOR LIFE
SKILLS BOOTCAMPS

Early Years

FULLY FUNDED ACCREDITED COURSE

Scan the QR code or visit our website to get more details and apply:
www.step2skills.org.uk/SkillsBootcamps

Qualifications:

- ✓ Level 2 certificate
- ✓ 1:1 Careers Advice
- ✓ Paediatric First Aid Certificate

Logos: Ofsted, matrix, HERTFORDSHIRE FUTURES, disability confident LEADER, Hertfordshire, SKILLS FOR LIFE, SKILLS BOOTCAMPS

Stable Learning Foundation to Flourish Package

- ◆ This is a fully inclusive opportunity to help young people gain confidence, re-engage an interest in learning whilst helping them understand their emotions and build confidence via equine assisted support sessions.

- ◆ For more information, please [click here](#)

Stable Learning
Harnessing Caring for Confident Learning

1:1 THERAPEUTIC TUTORING
1:1 EMOTIONAL REGULATION SUPPORT
SUPPORTED VOLUNTEERING AND WORK EXPERIENCE

FOUNDATION TO FLOURISH PACKAGE

Our Foundation to Flourish package is a fully inclusive opportunity to help young people gain confidence, re-engage an interest in learning whilst helping them understand their emotions and build confidence via equine assisted support sessions.

WHAT'S INCLUDED?

- ✓ Tailored therapeutic tutoring sessions in Maths and English
- ✓ Regular exposure to equine to support emotional regulation
- ✓ Assisted volunteering / work experience to build confidence and independence
- ✓ Fully inclusive sessions tailored to be accessible to all

How many hours per week?

x5 Hours per week in support of EOTAS packages

Field 1, WATERHALL FARM, LOWER HATFIELD ROAD, HERTFORD, SG13 8LE

management@thehooovesgroup.org
enroll us
For more information
www.thehooovesgroup.org

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Beezee Workshops

- ◆ [Free 12 week in-person programme timetable](#)
- ◆ [Nutrition Masterclass—Monday 28th September](#)
- ◆ [Healthy Eating on a Budget—Thursday 24th September](#)

MHST Parent Support Group - Helping Your Child With Fears and Worries

- ◆ Guided parent-delivered programme teaches parents cognitive behavioural strategies to help their child overcome anxiety through 5 two-hour online sessions over 6 weeks.
- ◆ This programme is intended for parents of children aged 5 to 12.
- ◆ Please [click here](#) to view the flyer.

Neurodiversity Support Group

- ◆ Advance run the neurodiversity support hub offer for parents and carers who need advice, guidance and support for their child or young person who may have a diagnosed or undiagnosed neurodiverse need.
- ◆ This offer is exclusive to Hertfordshire families and is a confidential support line that is available Mon-Fri from 9am-1pm on **01727 833963**

Hertfordshire Parenting Offer (TPF)

- ◆ HCC want to ensure families who require additional support to increase their parental efficacy receive a holistic package of support. Targeted parenting courses are commissioned by Strategic Partnerships of Joint Children Commissioning and Young People Services through this Targeted Parenting Framework (TPF) will meet the most common parenting needs in Hertfordshire and will be a key contributor to the overall package of support that a parent receives.
- ◆ Services available [here](#)
- ◆ [Parenting courses](#)

Relationship Support for Parents—Reducing Parental Conflict

- ◆ All courses and further support can be found [here](#)

Protective Behaviours courses

- ◆ Families Feeling Safe have five fully funded 'Supporting Families with Protective Behaviours' courses for mums, dads and carers starting soon.
- ◆ The fully funded 8-week term time courses are being offered both online and face-to-face.
- ◆ Please [click here](#) to view the dates and times of each course
- ◆ To book, please [click here](#)

SEND Directory

- ◆ The SEND community activities directory promotes a wide range of local activities and support groups. Some activities will also include discounts for families registered with a Herts Card (SEND). There will be additional activities added on a regular basis. Find fun, inclusive activities your child will love – all in one place! Explore the SEND community directory. If there are any activities you know of or wish to see promoted through this directory, please email SENDcommissioning@hertfordshire.gov.uk.

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