

# Supporting Dads with Protective Behaviours

For Dads & Male Carers

Online course  
starting  
October 2025



Wednesday  
evenings

8 Oct—3 Dec  
7.00pm—9.00pm  
(excluding half term)

Course code L4/eve

Are you looking for strategies and new ideas to help improve family life?

This fully funded 8-week term time course can help you to:

Understand what may be influencing your child's behaviour

Understand how Feelings, Thoughts and Behaviour link together

Respond to a range of feelings e.g. anger, frustration, anxiety, stress and worry

Improve communication to build better relationships

Build on your own and your child's strengths

Learn strategies to help you and your family feel safe



For eligibility and to book your fully funded place please contact:

[enquiries@familiesfeelingsafe.co.uk](mailto:enquiries@familiesfeelingsafe.co.uk)

Tel: 07850 518216

\*Please quote the course code and your



Please like us on Facebook for further updates @familiesfeelingsafe